

2016 COBRA Continuation of Coverage or PEBB Extension of Coverage Election/Change

- **Type or print clearly in black ink.** Inaccurate, incomplete, or illegible information may delay coverage.
- We must receive this form **no later than 60 days** after the date your employer-sponsored coverage ends or from the postmark on the *PEBB Continuation of Coverage Election Notice* packet sent to you, whichever is later.
- **We must receive your first payment before we can enroll you.** Premiums and applicable surcharges are due back to the date your other coverage ended.
- List eligible family members you wish to cover or remove from coverage. This form replaces all *COBRA Continuation or Extension of Coverage* forms previously submitted.
- If adding a dependent with a disability age 26 or older, or an extended dependent, you must also include the required dependent certification form(s).

All forms and documents are available at www.hca.wa.gov/pebb or by calling 1-800-200-1004.

| | | | | |
|---|--|----------------------------|---|--|
| Employee or retiree information only | Employee or retiree name | | | |
| | Employee or retiree Social Security number | | Date employer coverage ended (mm/dd/yyyy) | |
| Section 1: Subscriber Information | | | | |
| Social Security number | | Last name | | First name |
| | | | | Middle initial |
| | | | | Sex <input type="checkbox"/> M <input type="checkbox"/> F |
| Street address | | Apt./unit number | | City |
| | | | | State |
| | | | | ZIP Code |
| Mailing address (if different from above) | | Apt./unit number | | City |
| | | | | State |
| | | | | ZIP Code |
| County of residence | | Date of birth (mm/dd/yyyy) | | Daytime phone number () |
| | | | | Home phone number () |
| <input type="checkbox"/> Continue coverage: (select one) <input type="checkbox"/> Medical and dental <input type="checkbox"/> Medical only <input type="checkbox"/> Dental only You may elect to continue coverage you were enrolled in on the day your employer-sponsored coverage ended. If you have optional life insurance and wish to continue it, complete and submit the <i>Group Life Portability Application</i> (available from your former employer). The insurer must receive the form no later than 31 days after your employer-sponsored coverage ends. If you are enrolled in a medical flexible spending arrangement and would like to continue it, contact Navia Benefit Solutions no later than 60 days after the date they provide you with the notice of your continuation right. | | | | |
| <input type="checkbox"/> Cancel coverage: (select one) <input type="checkbox"/> Medical and dental <input type="checkbox"/> Medical only <input type="checkbox"/> Dental only Reason _____ Cancel date _____ I understand that I am forfeiting all further rights to enroll in PEBB benefits canceled above unless I regain eligibility. | | | | |
| Are you covered by another group medical plan? <input type="checkbox"/> Yes <input type="checkbox"/> No If yes, effective date _____ | | | | |
| Are you covered by another group dental plan? <input type="checkbox"/> Yes <input type="checkbox"/> No If yes, effective date _____ | | | | |
| Are you disabled under Title II (OASDI) of the Social Security Act? <input type="checkbox"/> Yes <input type="checkbox"/> No If yes, effective date _____ | | | | |
| Are you disabled under Title XVI (SSI) of the Social Security Act? <input type="checkbox"/> Yes <input type="checkbox"/> No If yes, effective date _____ | | | | |
| If yes, you must send a copy of your Social Security Disability Award letter. You and your enrolled dependents may be eligible for additional months of coverage. | | | | |
| Enrolled in Part(s) A and/or B of Medicare? Part A (hospital) <input type="checkbox"/> Yes <input type="checkbox"/> No If yes, effective date _____ | | | | |
| Part B (medical) <input type="checkbox"/> Yes <input type="checkbox"/> No If yes, effective date _____ | | | | |
| If yes, proof is required. Attach a copy of your Medicare card to this form. | | | | |

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Section 1: COBRA Subscriber Information *(continued)*

Tobacco Use Premium Surcharge

The PEBB Program requires a monthly \$25 surcharge per account in addition to your premium if you are not enrolled in Medicare Part A and Part B and you or a family member (age 13 or older) enrolled on your PEBB medical coverage uses a tobacco product. Tobacco use is defined as any use of tobacco products within the past two months except for religious or ceremonial use. If you check YES below or leave this section blank, you will pay the surcharge. See the 2016 Premium Surcharge Help Sheet at www.hca.wa.gov/pebb for instructions on how to respond.

Does the tobacco use premium surcharge apply to you? Check one:

- ☐ I am enrolled in Medicare Part A and Part B. The premium surcharge does not apply.
☐ YES, I have used tobacco products in the past two months.
☐ NO, or I have used the tobacco cessation resources noted in the 2016 Premium Surcharge Help Sheet.

Section 2: Spouse or Registered Domestic Partner Information

List an eligible spouse or registered domestic partner, as defined by Washington Administrative Code 182-12-260(2), you wish to cover or remove from coverage. Family members cannot be enrolled in two PEBB medical or dental accounts at the same time. If adding a registered domestic partner, you must provide proof of eligibility within PEBB's enrollment timelines, or the registered domestic partner will not be enrolled. A list of documents we will accept to verify eligibility is available at www.hca.wa.gov/pebb.

Relationship to subscriber

☐ Spouse: date of marriage _____ ☐ Registered domestic partner: date registered _____

| | | | | | |
|------------------------|-----------|------------------|----------------|----------------------------|--|
| Social Security number | Last name | First name | Middle initial | Date of birth (mm/dd/yyyy) | Sex <input type="checkbox"/> M <input type="checkbox"/> F |
| Street address | | Apt./unit number | City | State | ZIP Code |

- ☐ Continue coverage: (select one) ☐ Medical and dental ☐ Medical only ☐ Dental only
☐ Add coverage: (select one) ☐ Medical and dental ☐ Medical only ☐ Dental only
☐ Cancel coverage: (select one) ☐ Medical and dental ☐ Medical only ☐ Dental only

Reason _____ Cancel date _____

If removing spouse or registered domestic partner due to a divorce or dissolution of domestic partnership, attach a copy of divorce decree or dissolution of registered domestic partnership.

Covered by another group medical plan? ☐ Yes ☐ No If yes, effective date _____

Covered by another group dental plan? ☐ Yes ☐ No If yes, effective date _____

Disabled under Title II (OASDI) of the Social Security Act? ☐ Yes ☐ No If yes, effective date _____

Disabled under Title XVI (SSI) of the Social Security Act? ☐ Yes ☐ No If yes, effective date _____

If yes, you must send a copy of the spouse's or registered domestic partner's Social Security Disability Award letter. You and your enrolled dependents may be eligible for additional months of coverage.

Enrolled in Part(s) A and/or B of Medicare? Part A (hospital) ☐ Yes ☐ No If yes, effective date _____
Part B (medical) ☐ Yes ☐ No If yes, effective date _____

If yes, proof is required. Include a copy of the spouse's or registered domestic partner's Medicare card with this form.

Tobacco Use Premium Surcharge

Does the tobacco use premium surcharge apply to your spouse or registered domestic partner? Check one:

- ☐ The subscriber is enrolled in Medicare Part A and Part B. The premium surcharge does not apply.
☐ YES, my spouse or registered domestic partner has used tobacco products in the past two months.
☐ NO, or my spouse or registered domestic partner has used the tobacco cessation resources noted in the 2016 Premium Surcharge Help Sheet.

(this section continued on next page)

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Section 2: Spouse or Registered Domestic Partner Information *(continued)*

Spouse or Registered Domestic Partner Coverage Premium Surcharge

The PEBB Program requires a monthly \$50 surcharge in addition to your premium if you are not enrolled in Medicare Part A and Part B and your spouse or registered domestic partner has **elected** not to enroll in other employer-based group medical insurance that is comparable to Uniform Medical Plan Classic. See the 2016 Premium Surcharge Help Sheet for instructions on how to respond. If you check YES below or leave this section blank, you will pay the monthly surcharge.

Does the spouse or registered domestic partner coverage surcharge apply to you? Check one:

- ☐ The subscriber is enrolled in Medicare Part A and Part B. The premium surcharge does not apply.
☐ YES, I used the 2016 Premium Surcharge Help Sheet and completed the 2016 Spousal Plan Calculator online.
☐ NO, I used the 2016 Premium Surcharge Help Sheet and, if needed, completed the 2016 Spousal Plan Calculator online.

Which questions, if any, on the 2016 Premium Surcharge Help Sheet did you check NO? Check all that apply.

- ☐ Question 1 ☐ Question 2 ☐ Question 3 ☐ Question 4 ☐ Question 5 ☐ Question 6
☐ PEBB Program to determine. I am completing and submitting a printed 2016 Spousal Plan Calculator found at www.hca.wa.gov.pebb.

Section 3: Family Member Information (such as child) *Use additional forms for more members.*

List eligible family members you wish to cover or remove from coverage. Family members cannot be enrolled in two PEBB medical or dental accounts at the same time. Attach an Extended Dependent Certification form if enrolling an extended dependent. If enrolling a dependent with a disability age 26 or older, submit a completed Certification of Dependent with a Disability form and return as instructed on the form.

| | | | | |
|---|----------------------------|--|--|----------------------------|
| A | Relationship to subscriber | Check only if age 26 or older. Disabled? <input type="checkbox"/> Yes <input type="checkbox"/> No | Sex <input type="checkbox"/> M <input type="checkbox"/> F | Social Security number |
| Last name | | First name | Middle initial | Date of birth (mm/dd/yyyy) |
| Street address (only if different from subscriber) | | Apt./unit number | City | State ZIP Code |
| <input type="checkbox"/> Continue coverage: (select one) <input type="checkbox"/> Medical and dental <input type="checkbox"/> Medical only <input type="checkbox"/> Dental only <input type="checkbox"/> Add coverage: (select one) <input type="checkbox"/> Medical and dental <input type="checkbox"/> Medical only <input type="checkbox"/> Dental only <input type="checkbox"/> Cancel coverage: (select one) <input type="checkbox"/> Medical and dental <input type="checkbox"/> Medical only <input type="checkbox"/> Dental only Reason _____ Cancel date _____ | | | | |

Covered by another group medical plan? ☐ Yes ☐ No If yes, effective date _____

Covered by another group dental plan? ☐ Yes ☐ No If yes, effective date _____

Disabled under Title II (OASDI) of the Social Security Act? ☐ Yes ☐ No If yes, effective date _____

Disabled under Title XVI (SSI) of the Social Security Act? ☐ Yes ☐ No If yes, effective date _____

If yes, you must send a copy of the family member's Social Security Disability Award letter.
You and your enrolled dependents may be eligible for additional months of coverage.

Enrolled in Part(s) A and/or B of Medicare? **Part A (hospital)** ☐ Yes ☐ No If yes, effective date _____

Part B (medical) ☐ Yes ☐ No If yes, effective date _____

If yes, proof is required. Attach a copy of the family member's Medicare card to this form.

Tobacco Use Premium Surcharge

Does the tobacco use premium surcharge apply to this family member? *(Response required for family members ages 13 or older.)*

Check one:

- ☐ The subscriber is enrolled in Medicare Part A and Part B. The premium surcharge does not apply.
☐ YES, this family member has used tobacco products in the past two months.
☐ NO, or this family member has used the tobacco cessation resources noted in the 2016 Premium Surcharge Help Sheet.

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Section 3: Family Member Information *(continued)*

| | | | | |
|---|----------------------------|--|--|----------------------------|
| B | Relationship to subscriber | Check only if age 26 or older. Disabled? <input type="checkbox"/> Yes <input type="checkbox"/> No | Sex <input type="checkbox"/> M <input type="checkbox"/> F | Social Security number |
| Last name | | First name | Middle initial | Date of birth (mm/dd/yyyy) |
| Street address (only if different from subscriber) | | Apt./unit number | City | State ZIP Code |
| <input type="checkbox"/> Continue coverage: <i>(select one)</i> <input type="checkbox"/> Medical and dental <input type="checkbox"/> Medical only <input type="checkbox"/> Dental only | | | | |
| <input type="checkbox"/> Add coverage: <i>(select one)</i> <input type="checkbox"/> Medical and dental <input type="checkbox"/> Medical only <input type="checkbox"/> Dental only | | | | |
| <input type="checkbox"/> Cancel coverage: <i>(select one)</i> <input type="checkbox"/> Medical and dental <input type="checkbox"/> Medical only <input type="checkbox"/> Dental only | | | | |
| Reason _____ Cancel date _____ | | | | |
| Covered by another group medical plan? | | <input type="checkbox"/> Yes <input type="checkbox"/> No | If yes, effective date _____ | |
| Covered by another group dental plan? | | <input type="checkbox"/> Yes <input type="checkbox"/> No | If yes, effective date _____ | |
| Disabled under Title II (OASDI) of the Social Security Act? | | <input type="checkbox"/> Yes <input type="checkbox"/> No | If yes, effective date _____ | |
| Disabled under Title XVI (SSI) of the Social Security Act? | | <input type="checkbox"/> Yes <input type="checkbox"/> No | If yes, effective date _____ | |
| If yes, you must send a copy of the family member's Social Security Disability Award letter. You and your enrolled dependents may be eligible for additional months of coverage. | | | | |
| Enrolled in Part(s) A and/or B of Medicare? | | Part A (hospital) <input type="checkbox"/> Yes <input type="checkbox"/> No | If yes, effective date _____ | |
| | | Part B (medical) <input type="checkbox"/> Yes <input type="checkbox"/> No | If yes, effective date _____ | |
| If yes, proof is required. Attach a copy of the family member's Medicare card to this form if we don't already have a copy. | | | | |
| Tobacco Use Premium Surcharge | | | | |
| Does the tobacco use premium surcharge apply to this family member? <i>(Response required for family members ages 13 or older.)</i> | | | | |
| Check one: | | | | |
| <input type="checkbox"/> The subscriber is enrolled in Medicare Part A and Part B. The premium surcharge does not apply. | | | | |
| <input type="checkbox"/> YES, this family member has used tobacco products in the past two months. | | | | |
| <input type="checkbox"/> NO, or this family member has used the tobacco cessation resources noted in the 2016 Premium Surcharge Help Sheet. | | | | |

Section 4: Changes to an Existing Account

Are you making changes to an existing account?

- ☐ **Yes** If yes, what changes? *(Check all that apply in the sections below.)*
- ☐ **No** If no, go to Section 5.

Changes you can make anytime

Give date of event/change _____

- ☐ Name change ☐ Address change ☐ Cancel medical coverage ☐ Cancel dental coverage
- ☐ Remove dependent(s) from coverage. In most cases, when removing a dependent from coverage the change will occur prospectively. If removing due to loss of eligibility (divorce, dissolution of registered domestic partnership, death, or other loss of eligibility under PEBB rules), we must receive this form **no later than 60 days** after the last day of the month the dependent loses eligibility for health plan coverage. Coverage will be cancelled the last day of the month of loss of eligibility. If applicable, provide former dependent's new address:
- _____

Additional changes you can make during annual open enrollment

All changes become effective January 1 of the following year.

Check the box(es) next to the change requested.

- ☐ Add dependent(s) ☐ Change medical plan ☐ Change dental plan

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Section 4: Changes to an Existing Account *(continued)*

Additional changes you can make if an event creates a special open enrollment

The PEBB Program only allows changes outside of annual open enrollment when an event creates a special open enrollment. **The PEBB Program must receive this form and proof of the event no later than 60 days after the event.** However, if adding a newborn or adopted child increases your premium, this form must be received no later than 12 months after the birth or adoption.

Check the box next to each change you are requesting and indicate the corresponding event(s). See the numbers beside each change to verify your requested change may be allowed. In most cases, the enrollment or change will be effective the first day of the month after the event date or the date the form is received, whichever is later.

- ☐ **Add dependent(s)** (allowable under events 1, 2, 3, 4, 5, 6, 7, 9, 10, 11)
- ☐ **Change medical plan** (allowable under events 1, 2, 3, 4, 5, 8, 9, 10, 11, 12, 13, 14)
- ☐ **Change dental plan** (allowable under events 1, 2, 3, 4, 5, 8, 9, 10, 11, 12, 13, 14)

Give date of event _____

Check the box(es) next to the corresponding event(s). The event number below must be listed next to the change(s) you are requesting above.

- ☐ 1. Marriage, registering a domestic partnership, birth, adoption, or assuming a legal obligation for total or partial support in anticipation of adoption.
- ☐ 2. Child becoming eligible as an extended dependent through legal custody or legal guardianship. Also complete an *Extended Dependent Certification* form available at www.hca.wa.gov/pebb.
- ☐ 3. Child becoming eligible as a dependent with a disability. Also complete a *Certification of Dependent With a Disability* form available at www.hca.wa.gov/pebb.
- ☐ 4. Subscriber or dependent losing other coverage under a group health plan or through health insurance, as defined by the Health Insurance Portability and Accountability Act (HIPAA).
- ☐ 5. Subscriber or dependent having a change in employment status that affects the subscriber's or dependent's eligibility for the employer contribution toward employer-based group health insurance.
- ☐ 6. Subscriber or dependent having a change in enrollment under another employer-based group health insurance during its annual open enrollment that does not align with the PEBB Program's annual open enrollment.
- ☐ 7. Subscriber's dependent moving from outside the United States to live within the United States or moving from inside the United States to live outside the United States.
- ☐ 8. Subscriber or dependent having a change in residence that affects health plan availability.
- ☐ 9. A court order or National Medical Support Notice requiring the subscriber or any other individual to provide insurance coverage for an eligible child of the subscriber.
- ☐ 10. Subscriber or dependent becoming entitled to or losing eligibility for Medicaid or a state Children's Health Insurance Program (CHIP).
- ☐ 11. Subscriber or dependent becoming eligible for a state premium assistance subsidy for health coverage from Medicaid or CHIP.
- ☐ 12. Subscriber or dependent becoming entitled to or losing eligibility for Medicare, or enrolling in or cancelling enrollment in a Medicare Part D plan.
- ☐ 13. Subscriber or dependent's current health plan becoming unavailable because the subscriber or dependent is no longer eligible for a health savings account (HSA).
- ☐ 14. Subscriber or dependent experiencing a disruption of care that could function as a reduction in benefits for the subscriber or his or her dependent for a specific condition or ongoing course of treatment (requires approval of the PEBB Program).

Are you or any eligible dependents enrolled in PEBB coverage under another account? ☐ Yes ☐ No

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Section 5: Medical Plan Selection *Check appropriate box(es) to select a medical plan.*

Contact the plans for benefits information; their contact information is at the end of this form.

Group Health Cooperative

- ☐ Group Health Classic
- ☐ Group Health Medicare Plan^{1,2}
- ☐ Group Health SoundChoice⁶
- ☐ Group Health Value

Group Health Options Inc.

- ☐ Group Health Consumer-Directed Health Plan³

Kaiser Foundation Health Plan of the Northwest

- ☐ Kaiser Permanente Classic
- ☐ Kaiser Permanente Consumer-Directed Health Plan³
- ☐ Kaiser Permanente Senior Advantage¹

☐ Medicare Supplement Plan F, administered by Premera Blue Cross⁴

Uniform Medical Plan, administered by Regence BlueShield

- ☐ UMP Classic
- ☐ UMP Consumer-Directed Health Plan³
- ☐ UMP Plus-Puget Sound High Value Network⁵
- ☐ UMP Plus-UW Medicine Accountable Care Network⁵

¹ These Medicare Advantage plans are available in certain counties to Medicare enrollees. Also complete and attach form C if you live in a county where Medicare Advantage is available. (See *Retiree Enrollment Guide* for a list.)

² If you cover family members not enrolled in Medicare Part A and Part B, also select Group Health Classic, SoundChoice or Value for these family members.

³ These plans are available only to retirees not enrolled in Medicare. If you cover a dependent enrolled in Medicare, you must cancel your dependent's PEBB coverage to enroll in this plan. Your dependent will not be eligible for COBRA or other continuation of coverage options.

⁴ Also complete and return form B to enroll in Medicare Supplement Plan F. The PEBB Program does not offer the high-deductible Plan F.

⁵ This plan is not available to Medicare Part A and Part B retirees and their dependents.

⁶ This plan is available only if at least one covered family member is not enrolled in Medicare Part A and Part B. Family members enrolled in Medicare Part A and Part B will be enrolled in Group Health's Medicare Plan.

Section 6: Dental Plan Selection *Check only one.*

If you select dental coverage for yourself, **you must keep dental coverage for yourself and any enrolled dependents for at least two years.** However, you may change dental plans within those two years. Before you select a dental plan, be sure your provider(s) participate with that plan. Contact the plans for benefits information; their contact information is located at the end of this form.

Preferred Provider Organization

- ☐ Uniform Dental Plan, administered by Delta Dental of Washington (Group #3000)
You can choose any dental provider and change providers at anytime.

Managed-Care Plans

- ☐ DeltaCare, administered by Delta Dental of Washington (Group #3100)
You must select and receive care from a primary care dental provider in the DeltaCare network. Call DeltaCare at 1-800-650-1583 to verify your provider accepts the specific plan network and plan group.
Dentist name or clinic code _____
- ☐ Willamette Dental of Washington, Inc.
Clinic location _____
You must select and receive care from a primary care dental provider in the Willamette Dental Group plan.

☐ Cancel Dental

I understand that I may only cancel this coverage if I have maintained enrollment in a PEBB retiree dental plan for at least two years or if I am deferring or disenrolling from my PEBB coverage as allowed under PEBB rules (see also Section 7). If I cancel dental for myself, dental is automatically cancelled for my enrolled dependents.

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|------------------------|------------|----------------|------------------------|
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Section 7: Signature *Required*

I have received and read the *PEBB Continuation of Coverage Election Notice*, including any appendices. By signing this form, I declare that the information I have provided is true, complete, and correct. If it isn't, or if I do not update this information within the timelines in PEBB rules, to the extent permitted by federal and state laws, I must repay any claims paid by my health plan(s). My family members and I may also lose PEBB benefits as of the last day of the month we were eligible. To the extent permitted by law, PEBB may retroactively terminate coverage for me and my dependents if I intentionally misrepresent eligibility, or do not fully pay premiums when due. In addition, I understand that knowingly providing false, incomplete, or misleading information to an insurance company for the purpose of defrauding the company is a crime, and can result in imprisonment, fines, and denial of PEBB benefits.

If I send payment, this does not mean that I will be automatically enrolled in PEBB insurance coverage. The PEBB Program will verify eligibility for me and my family members. If we do not qualify, I will receive a refund.

I understand I am responsible for paying any applicable tobacco use premium surcharge and spouse or registered domestic partner coverage premium surcharge in addition to my monthly premium.

If I am enrolling in a consumer-directed health plan with a health savings account (HSA), I must meet HSA eligibility conditions. I understand that the PEBB Program will direct a portion of my monthly premium to an HSA on my behalf based on the information I have provided, and that there are limits to these contributions and my HSA contributions (if any) under federal tax law.

This form replaces all *COBRA Continuation or Extension of Coverage* forms previously submitted to PEBB.

HCA's Privacy Notice:

We will keep your information private as allowed by law. To see our Privacy Notice, go to www.hca.wa.gov.

Subscriber's signature _____ Date _____

Please sign and date this form.

| | | |
|---|--|--|
| Mail to: Washington State Health Care Authority P.O. Box 42684 Olympia, WA 98504-2684 | If payment is enclosed, make it payable to Health Care Authority and mail to: Washington State Health Care Authority P.O. Box 42691 Olympia, WA 98504-2691 | Or hand-deliver to: Washington State Health Care Authority 626 8th Ave. SE Olympia, WA 98501 |
|---|--|--|

2016 PEBB Medical Contractors

Group Health Cooperative

320 Westlake Ave. N., Suite 100, Seattle, WA 98109-5233
1-888-901-4636 or TTY 1-800-833-6388

Group Health Options Inc.

320 Westlake Ave. N., Suite 100, Seattle, WA 98109-5233
1-888-901-4636 or TTY 1-800-833-6388

Kaiser Foundation Health Plan of the Northwest

500 NE Multnomah St., Suite 100, Portland, OR 97232-2099
1-800-813-2000 or TTY 711

Premiera Blue Cross

P.O. Box 327
Seattle, WA 98111-0327
1-800-817-3049 or TTY 1-800-842-5357

Uniform Medical Plan, administered by Regence BlueShield

1800 Ninth Avenue, Suite 235, Seattle, WA 98101
1-888-849-3681 or TTY 711

2016 PEBB Dental Contractors

DeltaCare, administered by Delta Dental of Washington

9706 Fourth Avenue NE, Seattle, WA 98115-2157
1-800-650-1583

Uniform Dental Plan

administered by Delta Dental of Washington
9706 Fourth Avenue NE, Seattle, WA 98115-2157
1-800-537-3406

Willamette Dental of Washington, Inc.

6950 NE Campus Way, Hillsboro, OR 97124-5611
1-855-4DENTAL (1-855-433-6825)